

# CURRICULUM VITAE

## 1) Ellie Aghdassi

Assistant Professor  
Department of Epidemiology  
Dalla Lana School of Public Health  
The University of Toronto

## 2) Degrees/Certificates

- 1995** Ph.D. in Nutritional Sciences, University of Toronto, Toronto, Canada  
**1991** B.Sc. Nutritional Science Specialization, B.Sc. Physiology Major,  
University of Toronto, Toronto, Canada  
**1997** Dietetic Internship Equivalent, Toronto General Hospital, Toronto, Canada  
**2007** Certificate in "Good Clinical Practice and Adverse Event Reporting", Alba  
Therapeutics, Baltimore, USA  
**2008** Certificate in Principals of Clinical Research, The University Health  
Network, Toronto, Canada  
**2008** Certificate in "How to Plan a Clinical Trial", workshop Feb 13-15, 2008  
Faculty of Medicine, The University Health Network, Toronto, Canada

## 3) Employment History

- June 2020-Present** Nutrition Consultant  
True Care Medical Clinic and Pharmacy, 13110 Yonge Street,  
Richmond Hill, Ont.
- Oct 2010-present** Assistant Professor  
Department of Epidemiology, Dalla Lana School of Public Health,  
University of Toronto, Canada
- June 2011-Nov 2016** Program Manager  
The Toronto Dementia Research Alliance  
The University Health Network

Managing the activities of the Toronto Dementia Research Alliance across the University of Toronto affiliated memory clinics in Toronto including but not limited to planning and coordination of routine administrative, operational and financial activities, event planning, preparation of business case documents, budget management, program implementation, internal and external operational liaison, database management, maintaining contacts with the scientific and clinical investigators for preparation of Canada-wide, multicenter clinical studies and preparation of documents for regulatory approvals (Research Ethics Board and Health Canada).

- Aug 2008-June 2011** Scientific Associate

## The University Health Network, The Toronto Western Hospital

Interaction with scientific and clinical investigators for multi-disciplinary outcome and interventional studies in patients with systemic lupus erythematosus, coordinated multi-center studies, included as a co-investigator in two projects, responsible for protocol design, preparation of grant proposals, budget planning and management, coordination of staff at participating centers for patient recruitment, data entry, specimen collection and storage, progress report preparation, manuscript preparation, presentation at scientific meetings, as well as teaching and monitoring summer students and junior staff .

**Aug 2010- June 2011** National Scientific Coordinator, Chair: Dr. Paul Fortin  
The University Health Network, The Toronto Western Hospital  
Canadian Network for Improved Outcome in Systemic Lupus Erythematosus (CaNIOS)

Coordination of the database registry for lupus clinics across Canada, participated in organizing the annual general meetings and maintaining contacts with the scientific and clinical investigators for preparation of Canada-wide, multicenter clinical studies.

**2002 – Jul 2008** Scientific Associate III  
The University Health Network, The Toronto General Hospital

Interaction with scientific and clinical investigators for multi-disciplinary clinical and basic science studies in aging, gastrointestinal and hepatobiliary diseases and; HIV infection, responsible for protocol design, preparation of grant proposals, budget planning and management, participated in and coordinated a number of industry-funded, Health Canada/FDA regulated and investigator-driven clinical trials, recruitments, data management and analysis, monitoring specimen collection and storage, monitoring laboratory analyses, progress report preparation, manuscript preparation, presentation at scientific meetings, as well as teaching and monitoring graduate and summer students and junior staff.

**1996 - 2002** Research Associate  
The University Health Network, The Toronto General Hospital

Responsible for preparation of grant proposals, coordinating clinical trials including patient recruitment and enrollment, conducting animal experiments and laboratory analyses, data management and manuscript preparation as well as teaching and monitoring summer and graduate students.

**2006- 2008** Coordinator, Canadian Home-TPN (Total Parenteral Nutrition) Registry.  
The University Health Network, The Toronto General Hospital

Interaction with the Home-TPN programs across Canada, monitoring data entry, analysis of the data and presentation at the scientific meetings

**2000 - 2005** Assistant Professor, Canadian Memorial Chiropractic College

Taught and coordinated the 2<sup>nd</sup> year course in Introduction to Clinical Nutrition.

**2000 – 2003** Assistant Professor, Canadian College of Naturopathic Medicine

Taught a section of a 2<sup>nd</sup> year course in Clinical Nutrition, and a section of the 4<sup>th</sup> year Advanced Nutrition Seminars

**1995 - 1996** Post-Doctoral Fellow  
University of Toronto, The University Health Network, Canada

Responsible for patient recruitment and enrolment, nutritional assessment using Bioelectric Impedance Analysis, indirect calorimetry, muscle function test and food record analysis in HIV-infected population, performing laboratory analysis such as: plasma malondialdehyde, isoprostane, lipid peroxide, vitamin C, zinc, selenium, glutathion peroxidase activity and breath pentane and ethane output, responsible for data entry, data analysis and manuscript preparation

**1993 - 1995** Teaching Assistant, Supervisor: Dr. Tom Wolever  
Department of Nutritional Sciences, University of Toronto, Canada

Marking assignments, making corrections and recommendations and supervising exams

**1992 - 1993** Teaching Assistant, Supervisor: Dr. Margaret Bagent  
Department of Nutritional Sciences, University of Toronto, Canada

Responsible for tutorials, problem solving, supervising exams, marking assignments and making corrections and recommendations

**1991 - 1993** Nutri-System Weight Loss Clinic, Manager and Nutrition Counselor,  
Toronto, Canada

Responsible for: assessment of the clients, planning a diet and activity regimen, budget reports and administration

#### **4) Honors**

**2010** Abstract nomination for the Vars award, Clinical Nutrition Week Conference, Las Vegas, Nevada, USA

**2003** First abstract award, Canadian Society for Clinical Nutrition Vancouver, Canada

**1994 - 1995** Department of Medicine Post-Graduate Award, University of Toronto, Toronto, Ontario

**1994** Award for outstanding presentation in Canadian Gastroenterology Association

**1993** Award for outstanding presentation in Canadian Gastroenterology Association

**1993** Abstract nomination for the Vars award, American Society for Enteral & Parenteral Nutrition Conference, San Diego, California

## 5) Scholarly and Professional Activities

**2013** Co-Author of the book: Keep Your Brain Young: A Health & Diet Program for Your Brain Including 150 Recipes. Fraser Smith and Ellie Aghdassi, Robert Rose Publishing 2013. [www.robertrose.ca](http://www.robertrose.ca)

**2011** Editor of the book: HIV infection in the Era of Highly Active Antiretroviral Treatment and Some of its Associated Complications. INTECH Open Access, Croatia 2011.

**2010-present** Admission Committee, Dalla Lana School of public Health, University of Toronto, Canada

**2008-2011** Member of the Canadian Network for Improved Outcome in Systemic Lupus Erythematosus

**2003-2005** Member of the American Society for Parenteral & Enteral Nutrition

**2001 – 2012** Member of the Canadian Society for Clinical Nutrition

**1997 - Present** Member of the Canadian Dietetic Association

### OTHER PROFESSIONAL ACTIVITIES:

**Sept 2012** Invited Speaker: Annual General Meeting, Canadian Network for Improved Outcome in Systemic Lupus Erythematosus, Vancouver, Canada: The Role of Nutritional Factors and Circulating Fatty Acids in Disease Activity and Cardiovascular Disease Risk in Women with Systemic Lupus Erythematosus

**Feb 2010** Invited Speaker: Clinical Nutrition Week Meeting, Las Vegas, USA  
Work shop on Nutrition and Inflammation: Omega-3 Fatty Acids, Inflammation and Systemic Lupus Erythematosus

**April 2009** Invited Speaker: Annual General Meeting, Canadian Network for Improved Outcomes in SLE, Novotel Hotel, Toronto, Canada  
Patient Symposium: Living a Healthy Life and Lifestyle

**Dec 2008** Invited Speaker: Department of Nutritional Sciences, University of Toronto  
Topic: Nutrition & Chronic Diseases: Role of Oxidative Stress, Nutritional Status and Metabolic Syndrome

- June 2008** Invited Speaker: HIV rounds, The Toronto General Hospital, Toronto  
Topic: Micronutrient Supplement Use Among HIV Positive Subjects and the Attitudes of Physicians Involved in Their Care
- Dec 2007** Invited Speaker: HIV rounds, The Toronto General Hospital, Toronto  
Topic: Effects of Chromium Supplementation on Insulin Resistance and Trunk Fat Mass in HIV-Infected Patients
- Nov 2007** Invited Mediator: The Annual Conference for the Ontario HIV-Treatment Network  
Topic: Round Table Discussion on Integrative Medicine & Alternative Therapies
- Nov 2007** Invited Speaker: The AIDS Network, Hamilton  
Topic: Nutrition and HIV Infection
- March 2007** Invited Speaker: HIV rounds, The Toronto General Hospital, Toronto  
Topic: Non-alcoholic Fatty Liver Disease in HIV: The Role of Nutritional Interventions
- Feb 2007** Invited Speaker: HIV rounds, St. Michael Hospital, Toronto  
Topic: Non-alcoholic Fatty Liver Disease in HIV: The Role of Nutritional Interventions
- May 2006** Invited speaker: HIV rounds, The Maple Leaf Clinic, Toronto  
Topic: Omega-3 and Cardiovascular Disease
- April 2006** Invited speaker: HIV rounds, St. Michael Hospital, Toronto  
Topic: Omega-3 and Cardiovascular Disease
- Jan 2006** Invited speaker: HIV rounds, The Toronto General Hospital  
Topic: Omega-3 and Cardiovascular Disease
- Sept 2005** Invited speaker: Canadian Society for Clinical Nutrition, Topic: Micronutrient Chromium in the Home TPN/EN patients
- Nov 2004** Invited speaker: Continuing Medical Education, Topic: Nutrition and Elderly, University of Waterloo
- April 2004** Invited speaker: HIV Round, The Toronto General Hospital Topic: Low Chromium Status in Patients with HIV Infection Is Associated with Metabolic Abnormalities
- Jan 2003** Invited speaker: Bayview Hill Elementary School. Topic: Nutrition, Healthy Eating and Active Life Style
- Sept 2002** Invited speaker: HIV Round, The Toronto General Hospital  
Topic: Chromium and Its Relation to Blood Glucose and Lipids in Patients with HIV Infection.

**2002** Three on-camera feature-length interviews on nutritional problems for Iranian community, Toronto TV Production Inc.

## **6. TRAINEES TAUGHT AND MONITORED:**

*A. Responsible for teaching and monitoring the graduate and summer students, post-doctoral fellows enrolled under the supervision of Dr. Paul Fortin.*

**2011** Abbas Karbasian, student placement

**2011** Ladan Yeganeh, student placement

**2010-2011** Nayef Alghanem, clinical fellow

**2010-2011** Michael Fratassi, co-op student

**2010-2011** Brandusa Florica, clinical fellow

**2010-2011** Amaris Balitsky, medical student

**2010** Darryl Huang, summer student

**2010** Jennifer Lee, summer student

**2010** Shayan Ezatollahpour, volunteer student

**2010-2011** Claire Barber, clinical fellow

**2009-2011** Valentina Peeva, clinical fellow

**2009** Jonathan Yip, summer student

**2009** Wendy Zhang, summer student

**2009** Thurarshen Jeyalingam, summer student

*B. Responsible for teaching and monitoring the graduate and summer students, post-doctoral fellows enrolled under the supervision of Dr. Johane Allard.*

**2008** Carolyn Brikis, summer student

**2007** Dr. Abbass Karbasian, visiting professor from Iran

**2007** Margaret Matusik, summer student

**2007** Shabnaaz kamal, summer student

<b>2007</b>	Carolyn Brikis, summer student
<b>2006</b>	Pegah Jalali, summer student
<b>2005</b>	Thileep Kandasamy, summer student
<b>2005- 2007</b>	Nita Prayitno, research technician
<b>2003-2005</b>	Bianca Arendt, post-doctoral fellow, Department of Medicine, The Toronto General Research Institute. "Nutritional Factors and Oxidative Stress in Patients with Chronic Hepatitis C."
<b>2003- 2008</b>	Janet Madill, Ph.D. student, Institute of Medical Sciences, The University of Toronto. "Nutritional Status and Oxidative Stress in Lung Transplant Patients"
<b>2003, 2004</b>	Lilia Fung: Summer student
<b>2003</b>	Lavanya Sreetharan: Summer student
<b>2003-2006</b>	Ghazal Avand: M.Sc. student, Department of Nutritional Sciences, University of Toronto. "Non alcoholic steatohepatitis (NASH) Vs non alcoholic fatty liver disease (NAFLD): Is there a difference in nutritional status".  Saira Mohammed: M.Sc. student, Department of Nutritional Sciences, University of Toronto. "Non alcoholic fatty liver disease (NAFLD) in HIV: The role of nutritional interventions".
<b>1998-2000</b>	Julie Carrier M.Sc. student, Institute of Medical Sciences, University of Toronto. "The role of iron and the effect of vitamin E on oxidative stress, inflammation and carcinogenesis in a rat model with colitis".
<b>1996-1999</b>	Barbara Wendland M.Sc. student, University of Toronto. "Oxidative stress and antioxidant vitamin levels in Crohn's disease"
<b>1998</b>	Jan Hayek: Summer student
<b>1997</b>	Nyan Narine: Summer student;
<b>1996</b>	Yulun Huang: Summer student

## 7. Courses Taught

<b>2015-2016</b>	<i>Faculty Mentor</i> , Dalla Lana School of Public Health, University of Toronto Survey Design and Social Research Methods in Public Health This course provides fundamental public health research skills necessary for epidemiologists, social scientists, and health providers to work in both research and applied settings. It focuses on practical issues involved in the design, conduct, and evaluation of survey research with an emphasis
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on the identification and control of error and the maximization of variance in measurement.

- 2011-2015** *Instructor/Tutor*, Dalla Lana School of Public Health, University of Toronto. Determinants of the Community Health 2, This course is offered in the undergraduate Medicine program and focuses on researching health in the community. This course teaches the fundamentals of research methodology in small group discussions (12 hours in the fall) including research questions, selection of study participants, interventions, outcomes and data analyses for both quantitative and qualitative research. *Role: Instructor*
- 2000-2005** *Course Coordinator and Instructor*, Canadian Memorial Chiropractic College. Introduction to Clinical Nutrition (PH 2206): This course emphasizes the basic principles of nutrition including the chemistry and metabolism of carbohydrates, lipids, proteins, energy, vitamins and minerals. The course also presents a discussion of the basic food groups and the fundamentals of assessing nutritional status. This course teaches the general principles of clinical nutrition in a lecture (58 hours) format with instruction in literature review and critical appraisal using small group presentations.
- 2001-2003** *Instructor*, Canadian College of Naturopathic Medicine. Introduction to Clinical Nutrition: This second year course teaches the general principles of nutrition during the life span (25 hours for my section) with instruction in literature review and critical appraisal of data.
- 2001-2003** *Instructor*, Canadian College of Naturopathic Medicine. Forth year Advanced Nutrition Seminars: This course covers topic in nutrition in 3 hour blocks involving multi-instructors. Taught topics in Nutrition and Aging, Nutrition and Diseases, Nutrition and Oxidative Stress.
- 2000-2002** *Instructor*, Canadian Memorial Chiropractic College. Clinical Nutrition PH 407: This advance course utilizes information presented in PH 206 Nutrition. This course also relates nutrition to health and disease as seen in the clinical chiropractic practice. Emphasis is placed on nutrition as it relates to higher risk groups. Treatment of obesity, diabetes mellitus and gastrointestinal, hepato-biliary, cardiovascular and renal disorders are among the topics discussed. *Role: Covered a session on Nutrition & Aging (last offered 2001-2002)*

## **8. Research Funding: PARTICIPATED IN RESEARCH GRANTS (AS CO- APPLICANT OR ASSOCIATE)**

- 2016-2019** Brain Canada The Toronto Dementia Research Alliance (TDRA) Dementia Clinical Research Database: A Platform in Neurodegenerative Diseases, Associate, \$3 M



- 2014-2019** The Chagnon Brain Canada: PACT-MD: Prevention of Alzheimer's Dementia in High Risk Populations: A Randomized Controlled Trial of a Combination of Cognitive Remediation and Brain Stimulation, **Associate**, \$10M
- 2013-2018** The Ontario Brain Institute: Ontario Neurodegenerative Disease Research Initiative (ONDRl), **Associate**, \$28.5 M
- 2013-2016** Brain Canada- Weston Garfield Foundation: BEAM Study: The Brain Eye Amyloid Measurements (BEAM): Validation of Ocular Measures as Potential Biomarkers for early Detection of Brain Amyloid and Neurodegenerations, **Associate**, \$1.5 M
- 2013-2018** Alzheimer's Drug Discovery Foundation: Sartan Study: Sartans to Slow AD, **Associate**, \$ 1, 450,000
- 2012-2013** The Division of Neurology New Initiative Fund: Implementation of an Electronic Tablet-based Revised-Behavioural Neurology Assessment and History Assessment Form. **Associate**. \$60,000
- 2011-2012** The Department of Medicine Innovation Fund: Development of Database and Creation of an Integrated Discovery System in Neurodegenerative Disorders. **Associate**, \$75,000
- 2010-2013** The Arthritis Society: The Role of Fatty Acid Composition in Disease Activity and Cardiovascular Disease in Systemic Lupus Erythematosus, **Co-Principal Investigator**
- 2008-2011** The Canadian Institute for Health Research: Fatty Acid Composition and Gene Expression In Non-Alcoholic Fatty Liver Disease, **Co-Investigator**
- 2008-2010** The Canadian Foundation for AIDS Research: Associations between Oxidative Stress and Omega-3 Fatty Acids and; Atherosclerotic Disease Extent and Progression In A Multi-Center Trial of Patients Infected with HIV, **Co-investigator**
- 2008-2009** The American Association of Gastroenterology: Alterations in the Hepatic and Erythrocytes' Phospholipids in Patients with Non-Alcoholic Fatty Liver Disease or Chronic Hepatitis C Infection, **Associate**
- 2008-2009** The Canadian Institute for Health Research: Fatty Acid Composition and Gene Expression In Non-Alcoholic Fatty Liver Disease, **Associate**
- 2007-2008** Alba Therapeutics: A Phase II b, Randomized, Double-Blind, Placebo Controlled, Dose Ranging, Multi-center Study to Determine the Safety Tolerance, and Efficacy of AT-1001 in Celiac Disease Subjects During a Gluten Challenge, **Associate**
- 2006-2007** The Ontario HIV Treatment Network: Micronutrient Status in Subjects with HIV Infection, **Co-Investigator**

- 2005** NPS Allelix Crop: A Study of The Efficacy and Safety of Teduglutide in Subjects with Parenteral Nutrition Dependent Short Bowel Syndrome. **Associate**
- 2003-2006** Ontario HIV-Treatment Network: Non-alcoholic Fatty Liver Disease (NAFLD) In HIV: The Role of Nutritional Interventions. **Associate**
- 2003- 2005** Canadian Liver Foundation: Non-Alcoholic Steatohepatitis (NASH) VS Non-Alcoholic Fatty Liver Disease: Is There A Difference In Nutritional Status. **Associate**
- 2003-2005** Canadian Foundation for AIDS Research: Chromium Supplementation In Patients with HIV and It's Effect on Blood Glucose, Lipids and Lipodystrophy. **Associate**
- 2001-2004** Crohn's and Colitis Foundation of Canada: Effect of Iron and Antioxidant Vitamins on Disease Activity and Oxidative Stress in IBD. **Associate**
- 2000-2001** Canadian Foundation for AIDS Research: Chromium Status In Patients with HIV and its Role in Abnormal Glucose, Lipids and Lipodystrophy. **Associate**
- 2001** Medical Research Council of Canada: Equipment Grant: Atomic Absorption Spectrophotometer and HPLC for Analyses of Vitamins and Trace-Elements. **Associate**
- 1999-2002** Medical Research Council of Canada: The Role of Iron and The Effects of Vitamin E Supplementation on Oxidative Stress, Inflammation and Carcinogenesis in a Rat Model of Colitis. **Associate**
- 1999- 2001** Medical Research Council of Canada (Renewal): Multivitamins In Long-Term Care: Effect on Infections. **Associate**
- 1999-2000** Baxter, Clintec Nutrition Division: A Multi-Centre, Randomised, Double-Blind, Active Control Study to Evaluate the Safety & Nutritional Efficacy of Multiple Infusions of 3:1 MCT 20% IV Fat Emulsion (75% MCT:25% LCT) (CT 3804) as Compared to Intra-Lipid 20% IV Fat Emulsion In Patients With Chronic Bowel Disease Requiring Long-Term Parenteral Nutrition. **Associate**
- 1997-1999** Crohn's and Colitis Foundation of Canada: Antioxidant Vitamins In Crohn's Disease. **Associate**
- 1997-1999** Medical Research Council of Canada: Multivitamins in Long-Term Care: Effect on Infections. **Associate**
- 1997** Canadian Digestive Disease Foundation: Effects of Iron & Vitamin E Supplementation in Rats with Experimentally Induced Colitis. **Associate**

**1996-1997** Abbott Laboratories, Limited: Effect of Early Enteral Feeding With a Specialized Formula Compared to a Standard Enteral Formula In a Post-Operative Patient Population: A Randomised Pilot Study. **Associate**

## 9. Publications

### **Refereed Journal Articles:**

1. **Aghdassi , E.** Raina N, Plapler H, Kurian R, Royall D, Jeejeebhoy KN, Cohen Z, and Allard JP. 1994. Colonic fermentation and nutritional recovery in rats with massive small bowel resection. *Gastroenterology*; 107:637-642.
2. **Aghdassi E,** Raina N, Allard JP. 1995. Cecal infusion of nutrients improves nutritional status. *J of Nutr* 125:2880-2886.
3. Allard, J.P., Kurian, R., **Aghdassi, E.**, Muggli, E., Royall, D., 1997. Lipid peroxidation during omega-3 fatty acid and vitamin E supplementation in humans. *Lipids* 32:535-541.
4. Allard, J.P., **Aghdassi, E.**, Chau, J., Salit, I., Walmsley, S., 1998. Oxidative stress and plasma antioxidant micronutrients in humans with HIV infection. *Am J Clin Nutr* 67:143-147.
5. Allard, J.P., **Aghdassi, E.**, Chau, J., Tam, C., Kovacs, C., Salit, I., Walmsley, S., 1998. Effects of vitamin E and C supplementation on oxidative stress and viral load in subjects with human immunodeficiency virus. *AIDS* 12:1653-1659.
6. Verhage, A.H., **Aghdassi, E.**, Allard, J.P., 1998. Growth hormone improves nutritional status and intestinal adaptation in rats with 80% small bowel resection fed totally by parenteral nutrition. *Nutr Res* 18:823-832.
7. **Aghdassi, E.**, Royall, E., Allard, J.P., 1999. Oxidative stress in smokers supplemented with vitamin C. *Intern J Vit Nutr Res* 69:45-51.
8. **Aghdassi, E.**, Allard, J.P., 2000. Breath alkanes as a marker of oxidative stress in different clinical conditions. *Free Rad Biol* 28:880-886.
9. **Aghdassi, E.**, Tam, C., Liu, B., McArthur, M., McGeer, A., Simor, A., Allard, J.P., 2001. Body fat of elderly subjects calculated from bioelectric impedance versus anthropometry correlates but does not agree. *J Am Diet Assoc* 101(10):27-35.
10. **Aghdassi, E.**, Carrier, J., Cullen, J., M. Tischler, Allard, J.P., 2001. The effect of iron supplementation on oxidative stress and intestinal inflammation in rats with acute colitis. *Dig Dis Sci* 46(5):1088-1094 (MRC Grant # 15488).
11. Carrier, J., **Aghdassi, E.**, Cullen J., Allard, J.P., 2001. Effect of oral iron supplementation on oxidative stress and colonic inflammation in rats with induced colitis. *Aliment Pharmacol Therap* 15:1989-1999.
12. Wendland, B.E., **Aghdassi, E.**, Tam, C., Carrier, J., Steinhart, A.H., Wolman, S.L., Baron, D., Allard, J.P., 2001. Lipid peroxidation and plasma antioxidant micro-nutrients in Crohn's disease. *Am J Clin Nutr* 74(2):259 -265.

13. Carrier, J., **Aghdassi, E.**, Cullen, J., Allard, J.P., 2002. Effect of iron and vitamin E supplementation on disease activity in rats with dextran sulphate sodium (DSS)-induced colitis. *J Nutr*; 132(10): 3146-3150.
14. **Aghdassi, E.** Wendland, B.E., Steinhart, A.H., Wolman, S.L., Jeejeebhoy K.N., Allard, J.P., 2003. Randomized controlled trial of antioxidant vitamins: Effects on oxidative stress in patients with Crohn's disease. *Am J Gastroenterol* 98(2):348- 53.
15. Allard, J.P., **Aghdassi, E.**, McArthur, M., McGeer, A., Simor, A., Abdolell, M., Stephens, D., Liu, B., 2004. Nutritional risk factors for survival in the elderly living in Canadian long-term care facilities. *J Am Geriat Soc* 52:59-65.
16. Carrier, J., **Aghdassi, E.**, Jeejeebhoy, K., Allard, J.P., 2005. Exacerbation of dextran sulfate sodium-induced colitis by dietary iron supplementation: role of NF-kappa B. *Int J Colorectal Dis*, August, 23: 1-7.
17. **Aghdassi, E.**, Salit, I.E., Fung, L., Sreetharan, L., Walmsley, S., Allard, J.P., 2006. Is chromium an important element in HIV-positive patients with metabolic abnormalities? A hypothesis generating pilot study. *J Am Coll Nutr* 25(1), 56-63.
18. Raman, M., **Aghdassi, E.**, Baun, M., Yeung, M., Fairholm, L., Saqui, O., Allard, J.P., 2006. Metabolic bone disease in patients receiving home total parenteral nutrition: A Canadian study. *JPEN* 30:492-496.
19. Liu, B.A, McGeer, A., McArthur, M.A., Simor, A.E., **Aghdassi, E.**, Davis, L., Allard, J.P., 2007. Effect of multivitamin and mineral supplementation on episodes of infection in nursing home residents: A randomized placebo-controlled study. *J Am Geriat Soc*, 55: 35-42.
20. **Aghdassi, E.**, Arendt, B., Salit, I., Allard, J.P., 2007. Estimation of body fat mass using dual energy x-ray absorptiometry, bioelectric impedance analysis & anthropometry in HIV positive male subjects on HAART. *JPEN* 31: 135-141.
21. **Aghdassi, E.**, Wendland, B.E., Raman, M., Stapleton, M., Allard, J.P., 2006. Inadequacy of nutritional intake in a Canadian population of patients with Crohn's disease. *Journal of The American Dietetic Association* 107(9): 1575-1580.
22. Raman, M., Gramlich, L., Whittaker, S., Allard, J.P., & Participating Home Total Parenteral Nutrition Programs (**Aghdassi E**, The University Health Network). 2007. Canadian Home Total Parenteral Nutrition Registry: preliminary data on the patient population. *Canadian Journal of Gastroenterology*, 21(10): 643-648.
23. **Aghdassi, E.**, McArthur, M., Liu, B., McGeer, A., Simor, A., Allard, J.P., 2007. Dietary intake of elderly living in Toronto long-term care facilities: comparison with the dietary reference intake. *Rejuvenation Research*; 10(3): 301-310.
24. Mohammed, S., **Aghdassi, E.**, Salit, I.E., Avand, G., Guindi, M., Heathcote, J.E., Sherman, M., Allard, J.P., 2007. HIV-positive patients with nonalcoholic fatty liver disease have a lower body mass index and are more physically active than HIV-negative patients. *JAIDS*; 45(4):432-8.

25. Allard, J.P., **Aghdassi, E.**, Mohammed, S., Raman, M., Avand, G., Arendt, B.M., Jalali, P., Kandasamy, T., Prayitno, N., Sherman, m., Guindi, M., Ma, D.W.L., Heathcote, J.E., 2008. Nutritional assessment and hepatic fatty acid composition in non-alcoholic fatty liver disease (NAFLD): a cross-sectional study. *Journal of Hepatology* 48:300-307.
26. Arendt, B.M., **Aghdassi, E.**, Mohammed, S., Fung, L., Jallali, P., Salit, I., Allard, J.P., 2008. Dietary intake and physical activity in male patients with HIV infection and metabolic abnormalities. *Current HIV Research* 6: 82-90.
27. Arendt, B.M., Mohammed, S.S., **Aghdassi, E.**, Prayitno, N.R., Ma, D.W.L., Nguyen, A., Guindi, M., Sherman, M., Heathcote, E.J., Allard, J.P., 2009. Hepatic fatty acid composition is altered in patients with chronic hepatitis C and steatosis compared to those without steatosis. *Journal of Nutrition* 139 (4): 691-5.
28. Madill, J., **Aghdassi, E.**, Arendt, B.M., Hartman-Craven, B., Gutierrez, C., Chow, C., Allard, J.P., 2009. Lung transplantation: does oxidative stress contribute to the development of bronchiolitis obliterans syndrome? *Transplant Review* 23(2): 103-110.
29. **Aghdassi, E.**, Bondar, H., Salit, I.E., Tinmouth, J., Allard, J.P., 2009. Assessment of knowledge and attitudes of physicians involved in the care of HIV-infected patients with respect to nutrition and nutritional supplements. *Journal of AIDS* 50 (3): 337-339.
30. **Aghdassi, E.**, Bondar, H., Salit, I.E., Tinmouth, J., Allard, J.P., 2009. A Survey on the Usage of Supplements in Canadian Patients living with HIV. *Current HIV Research*, 7(5):555-61.
31. Madill, J., **Aghdassi, E.**, Arendt, B., Guyirrez, C., Singer, L., Chow, C., Allard, J.P., 2009. Oxidative Stress and Nutritional Intakes in Lung Patients with Bronchiolitis obliterans Syndrome (BOS). *Transplantation Proceedings* 41(9):3838-44.
32. Madill, J., Arendt, B.M., **Aghdassi, E.**, Therapondos. G., Lilly, L., Chow, C.W., Guindi, M., Allard, J.P. 2009. Hepatic lipid peroxidation and antioxidant micronutrients in hepatitis virus C liver recipients with and without disease recurrence. *Transplantation Proceedings* 41(9):3800-5.
33. Madill, J., Arendt, B.M., **Aghdassi, E.**, Chow, C.W., Guindi, M., Therapondos. G., Lilly, L., Allard, J.P. 2010. Oxidative stress and nutritional factors in hepatitis C virus-positive liver recipients, controls and hepatitis C virus-positive non-transplant patients. *Transplantation Proceedings* 42(5): 1744-9.
34. **Aghdassi, E.**, Arendt, B.M., Mohammed, S., Salit, I.E., Jalali, P., Bondar, H., Allard, J.P. 2010. Chromium Supplementation Decreases Insulin Resistance & Trunk Fat in HIV+ Subjects: A Randomized, Double-Blind, Placebo Controlled Trial. *Current HIV Research*, 8(2):113-20.
35. **Aghdassi, E.**, Morrison, S., Landolt-Marticorena, C., Su, J., Pineau, C.A., Gladman, D., Urowitz, M., Pope, J., Peschken, C., CaNIOS LuNNET & HIPP Investigators., Da Costa, D., Wither, J., Fortin, P.R., 2010. The Use of Micronutrient Supplements: Relation to Quality of

- Life & Disease Activity in Canadian Patients with Systemic Lupus Erythematosus. *Journal of Rheumatology*, 37(1):87-90.
36. Yip, J., **Aghdassi, E.**, Su, J., Lou, W., Bargman, J., Reich, H., Scholey, J., Gladman, D.D., Urowitz, M.B., and Fortin, P.R., 2010. Serum Albumin as a Marker for Disease Activity in Systemic Lupus Erythematosus (SLE) in Patients with and Without Renal Involvement. *Journal of Rheumatology*, 37(8):1667-72.
  37. Zhang, W., **Aghdassi, E.**, Reich, H., Scholey, J., Su, J., Lou, W., Marticorena-Landolt, C., Gladman, D.D., Urowitz, M.B. and Fortin, P.R., 2011. Baseline EGFR is Predictive of Arterial Diseases in Patients with Systemic Lupus Erythematosus (SLE). *Rheumatology (Oxford)*, 50(4):799-805.
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### **Non-Referred Publications**

1. **Aghdassi, E.**, 2004. Metabolic Abnormalities and Nutritional Management in Patients with HIV-infection. *Clinical Nutrition Rounds*; Volume 4, Issue 1.
2. **Aghdassi, E.**, 2003. Malnutrition in the Elderly Population and the Role of Nutritional Interventions. *Clinical Nutrition Rounds*, volume 3, issue 7.
3. Raman, M., **Aghdassi, E.**, Allard, J.P. 2007. Zinc Review. *Journal of Geriatrics*, Accepted.

### **Chapters in Book**

1. **Aghdassi, E.**, Allard, J.P. Breath Alkanes as a Marker of Oxidative Stress in Different Clinical Conditions. IN: *Bio-assays for oxidative stress status (BOSS)*. Ed William A. Pryor, Pub Elsevier, Amsterdam 2001, pp 140-146.
2. **Aghdassi E.** HIV Infection: The Role of Insulin Resistance and Alternative Treatment. IN: *HIV infection in the Era of Highly Active Antiretroviral Treatment and Some of its Associated Complications*. Ed INTECH Open Access, Croatia 2011, pp 37-53.

### **Book**

Fraser Smith and **Aghdassi E.** *Keep Your Brain Young: A Health & Diet Program for Your Brain Including 150 recipes*. Robert Rose Publishing 2013. [www.robertrose.ca](http://www.robertrose.ca)

### **Abstracts**

1. Singal, S., Kurian, R., **Aghdassi, E.**, Royall, D., Jeejeebhoy, K.N., Allard, J.P. 1992. Nutritional effects of oral short-chain triglyceride supplements in short bowel syndrome. *Royall College of Physicians and Surgeons Journal*.
2. Singal, S., Kurian, R., **Aghdassi, E.**, Royall, D., Jeejeebhoy, K.N., Allard, J.P. 1992. Importance of short chain fatty acids as nutrients in the short bowel syndrome. *American Association of Gastroenterology*.
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60. Raman, M., Saqui, O., Fairholm, L., Baun, M., Young, M., **Aghdassi, E.**, Allard, J.P. 2006. Prevalence of metabolic bone disease in patients enrolled in a Canadian home total parenteral nutrition program. Presented in Clinical Nutrition Week, Feb 12-15, Dallas, Texas.
61. Nguyen, A., Arendt, B.M., **Aghdassi, E.**, Prayitno, N.R., Ma, D., Sherman, M., Heathcote, J., Allard, J.P. 2006. Comparison of fatty acid composition, markers of oxidative stress and inflammation in livers of Hepatitis C patients compared to patients with reported normal biopsies. GI Research Day, June 21, University of Toronto. Toronto, ON, Canada.
62. Arendt, B.M., Nguyen, A., **Aghdassi, E.**, Kandasamy, T., Prayitno, N.R., Ma, D., Guindi, M., Sherman, M., Heathcote, J., Allard, J.P. 2006. More favorable hepatic fatty acid composition in chronic hepatitis C compared to normal liver biopsies. Presented in 2<sup>nd</sup> Annual CASL Winter Meeting, Toronto, Ontario, Canada.

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70. Nguyen, A., Arendt, B.M., **Aghdassi, E.**, Prayitno, N.R., Ma, D., Guindi, M., Sherman, M., Heathcote, J., Allard, J.P. 2006. In subjects with elevated liver enzymes, liver lipid peroxidation is lower in HCV compared to normal biopsies. CASL Winter Meeting. Updates in Hepatology. March 31 - April 2, Toronto, ON,
71. Arendt, B., Nguyen, A., Mohammed, S., **Aghdassi, E.**, Kandasamy, T., Prayitno, N., Ma, D., Guindi, M., Sherman, M., Heathcote, J., Allard, J.P. 2007. Oxidative stress and hepatic fatty acid composition in chronic hepatitis C compared to normal liver biopsies. Clinical Nutrition Week, Jan 28-31, Phoenix, Arizona.
72. **Aghdassi, E.**, Chang, A., Mohammed, S., Allard, J.P. 2007. In patients with inflammatory bowel disease and moderate anemia, oral iron supplementation does not increase oxidative stress or disease activity. Clinical Nutrition Week, Jan 28-31, Phoenix, Arizona.
73. Arendt, B.M., Nguyen, A., Mohammed, S., **Aghdassi, E.**, Kandasamy, T., Prayitno, N.R., Ma, D.W.L., Guindi, M., Sherman, M., Heathcote, J., Allard, J.P. 2007. Hepatic fatty acid composition and oxidative stress in treatment naïve patients with chronic hepatitis C genotype 1 or 2. 22<sup>nd</sup> Annual Sheila Sherlock Research Day, March 29, Toronto, ON, Canada.

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76. Arendt, B.M., **Aghdassi, E.**, Mohammed, S.S., Fung, L.Y., Jalali, P., Salit, I.E., Allard, J.P. 2007. Dietary intake and physical activity in a Canadian population sample of men with HIV and metabolic abnormalities. OHTN Research Conference. November 19 – 20, Toronto, ON, Canada,
77. Arendt, B.M., **Aghdassi, E.**, Mohammed, S.S., Fung, L.Y., Jalali, P., Salit, I.E., Allard, J.P. 2007. Dietary intake and physical activity in patients with HIV and metabolic abnormalities. UHN Research Day. October 29, Toronto, ON, Canada,
78. Arendt, B.M., Nguyen, A., Mohammed, S., **Aghdassi, E.**, Kandasamy, T., Prayitno, N.R., Ma, D.W.L., Guindi, M., Sherman, M., Heathcote, J., Allard, J.P. 2007. Hepatic fatty acid composition and oxidative stress in treatment naïve patients with chronic hepatitis C genotype 1 or 2. Toronto Western Research Institute Research Day. June 18, Toronto, ON, Canada.
79. Arendt, B.M., Nguyen, A., Mohammed, S., **Aghdassi, E.**, Kandasamy, T., Prayitno, N.R., Ma, D.W.L., Guindi, M., Sherman, M., Heathcote, J., Allard, J.P. 2007. Hepatic fatty acid composition and oxidative stress in treatment naïve patients with chronic hepatitis C genotype 1 or 2. The CSCN 6<sup>th</sup> Annual Scientific Meeting. June 1–2, Winnipeg, MA, Canada.
80. Matusik, M., Brikis, C., **Aghdassi, E.**, Jalali, P., Arendt, B.M., Avand, G., Heathcote, J.E., Guindi, M., Allard, J.P. 2008. Coffee consumption in patients with non-alcoholic fatty liver disease (NAFLD). 23<sup>rd</sup> Annual Sheila Sherlock Liver Research Day, March 27, Toronto, ON, Canada.
81. Madill, J., **Aghdassi, E.**, Arendt, B.M., Singer, L., Chow, C.W., Keshavjee, S., Allard, J.P. 2008. Oxidative stress and nutritional factors in lung transplant patients with Bronchiolitis Obliterans Syndrome (BOS). Canadian Society of Transplantation 2008 Annual Scientific Meeting. February 28 - March 2, Mont-Tremblant, QC, Canada.
82. Arendt, B.M., Mohammed, S.S., **Aghdassi, E.**, Salit, I.E., Guindi, M., Ma, D.W.L., Wong, D., Heathcote, J.E., Allard, J.P. 2008. HIV positive men with Non-Alcoholic Steatohepatitis (NASH) have altered hepatic fatty acid composition. 23<sup>rd</sup> Annual Sheila Sherlock Liver Research Day, March 27, Toronto, ON, Canada.
83. Arendt, B.M., **Aghdassi, E.**, Mohammed, S.S., Ma, D.W.L., Heathcote, E.J., Allard, J.P. 2008. Steatosis in chronic hepatitis C: Changes in hepatic fatty acid composition. Digestive Disease Week. May 17 – 22, San Diego, CA, USA.
84. **Aghdassi, E.**, Salit, I.E., Mohammed, S.S., Arendt, B.M., Allard, J.P. 2008. Chromium supplementation decreases insulin resistance and trunk fat. Digestive Disease Week. May 19 – 22, San Diego, CA, USA.

85. **Aghdassi, E.**, Salit, I.E., Mohammed, S.S., Arendt, B.M., Allard, J.P. 2008. Chromium supplementation decreases insulin resistance and trunk fat. 15<sup>th</sup> Conference on Retroviruses and Opportunistic Infections. February 3 – 6. Boston, MA, USA.
86. Arendt, B.M., Mohammed, S.S., **Aghdassi, E.**, Salit, I.E., Guindi, M., Ma, D.W.L., Allard, J.P. 2008. HIV positive men with Non-Alcoholic Steatohepatitis (NASH) have altered hepatic fatty acid composition. Experimental Biology. April 5 – 9, San Diego, CA, USA.
87. Arendt, B.M., **Aghdassi, E.**, Salit, I.E., Mohammed, S.S., Allard, J.P. 2008. Chromium supplementation decreases insulin resistance and trunk fat in patients with human immunodeficiency virus (HIV) infection. Clinical Nutrition Week. February 10 – 13, Chicago, IL, USA.
88. Arendt, B.M., **Aghdassi, E.**, Mohammed, S.S., Fung, L.Y., Jalali, P., Salit, I.E., Allard, J.P. 2008. Dietary intake and physical activity in a Canadian population sample of men with HIV infection and metabolic abnormalities. Clinical Nutrition Week. February 10 – 13, Chicago, IL, USA.
89. Arendt, B.M., Mohammed, S.S., Kamal, S., **Aghdassi, E.**, Salit, I.E., Guindi, M., Ma, D.W.L., Wong, D., Heathcote, J.E., Allard, J.P. 2008. HIV positive men with Non-Alcoholic Steatohepatitis (NASH) have altered hepatic fatty acid composition. CSCN-CSNS 7th Annual Scientific Conference, May 29 – 31, Toronto, ON, Canada,
90. Arendt, B.M., **Aghdassi, E.**, Salit, I.E., Mohammed, S.S., Allard, J.P. 2008. Chromium supplementation decreases insulin resistance and trunk fat in patients with human immunodeficiency virus (HIV) infection. CSCN-CSNS 7<sup>th</sup> Annual Scientific Conference. May 29 – 31, Toronto, ON, Canada.
91. Brikis, C., Matusik, M., **Aghdassi, E.**, Jalali, P., Arendt, B.M., Avand, G., Heathcote, J.E., Guindi, M., Allard, J.P. 2008. Coffee consumption in patients with non-alcoholic fatty liver disease (NAFLD). CSCN-CSNS Annual Scientific Conference. May 29 – 31, Toronto, ON, Canada.
92. Madill, J., **Aghdassi, E.**, Arendt, B.M., Singer, L., Chow, C.W., Keshavjee, S., Allard, J.P. 2008. Oxidative stress and nutritional factors in lung transplant patients with Bronchiolitis Obliterans Syndrome (BOS). CSCN-CSNS Annual Scientific Conference. May 29 – 31, Toronto, ON, Canada,
93. Kaila, B., **Aghdassi, E.**, Baun, M., Fairholm, L., Saqui, O., Yeung, M., Allard, J.P. 2008. Canadian home total parenteral nutrition registry: validation of data entry on metabolic bone disease and 2 year follow-up. CSCN-CSNS Annual Scientific Conference. May 29 – 31, Toronto, ON, Canada.
94. **Aghdassi, E.**, Bondar, H., Salit, I.E., Tinmouth, J., Allard, J.P. 2008. Nutritional supplements: Knowledge and attitudes of physicians caring for HIV-positive patients. European Society for Clinical Nutrition & Metabolism, September, Florence, Italy.
95. Bondar, H., **Aghdassi, E.**, Salit, I.E., Tinmouth, J., Allard, J.P. 2008. Assessment of knowledge and attitudes of HIV-infected patients with respect to nutrition and nutritional supplements. CSCN-CSNS Annual Scientific Conference. May 29 – 31, Toronto, ON, Canada.

96. **Aghdassi, E.**, Bondar, H., Salit, I.E., Tinmouth, J., Allard, J.P. 2008. Nutritional and nutritional supplements: Knowledge and attitudes of HIV-positive patients. European Society for Clinical Nutrition & Metabolism, September, Florence, Italy.
97. **Aghdassi, E.**, Bondar, H., Salit, I.E., Tinmouth, J., Allard, J.P. 2008. Assessment of knowledge and attitudes of physicians involved In the care of HIV-infected patients with respect to nutrition & nutritional supplements. CSCN-CSNS Annual Scientific Conference. May 29 – 31, Toronto, ON, Canada.
98. Madill, J., **Aghdassi, E.**, Arendt, B.M., Therapondos, G., Lilly, L., Levy, G., Allard, J.P. 2008. Oxidative stress and nutritional factors in hepatitis C liver transplant patients. GI research day, June 18, Toronto, On, Canada.
99. Madill, J., **Aghdassi, E.**, Arendt, B.M., Singer, L. Chow, C.W., Keshavjee, S., Allard, J.P. 2008. Oxidative stress and nutritional factors in lung transplant patients with bronchiolitis obliterans syndrome. IMS, University of Toronto, May, University Health Network, Toronto, ON, Canada.
100. Madill, J., **Aghdassi, E.**, Arendt, B.M., Singer, L., Chow, C.W., Keshavjee, S., Allard, J.P. 2008. Oxidative stress and nutritional factors in lung transplant patients with Bronchiolitis Obliterans Syndrome (BOS). Clinical Nutrition Week, Feb, Chicago, USA.
101. Madill, J., **Aghdassi, E.**, Arendt, B.M., Singer, L., Chow, C.W., Keshavjee, S., Allard, J.P. 2008. Oxidative stress in lung recipients. AHRD, January, University Health Network, Toronto, Canada.
102. Kaila, B., **Aghdassi, E.**, Baun, M., Fairholm, L., Saqui, O., Yeung, M., Allard, J.P. 2008. Canadian Home-Total parenteral Nutrition registry (HTPNR): Validation and 2 Year Follow-up of Liver Parameters in a Subset of Patients. European Society for Clinical Nutrition & Metabolism, September, Florence, Italy.
103. Makhija, S., Aghdassi, E., Allard, J.P. 2008. The use of parenteral nutrition in scleroderma patients. CSCN-CSNS Annual Scientific Conference. May 29 – 31, Toronto, ON, Canada.
104. Arendt, B.M., Mohammed, S.S., Kamal, S., **Aghdassi, E.**, Salit, I.E., Guindi, M., Ma, D.W.L., Wong, D.K.H., Heathcote, E.J., Allard, J.P. 2008. HIV positive men with fatty liver have altered hepatic fatty acid composition. GI research day, June 18, Toronto, Canada.
105. Arendt, B.M., Mohammed, S.S., **Aghdassi, E.**, Salit, I.E., Guindi, M., Ma, D.W.L., Wong, D.K.H., Heathcote, E.J., Allard, J.P. 2008. HIV positive men with non-alcoholic fatty liver disease have altered hepatic fatty acid composition compared to HIV negative controls without fatty liver. The Ontario HIV Treatment Research Conference, November, Toronto, Canada.
106. Arendt, B.M., Mohammed, S.S., **Aghdassi, E.**, Salit, I.E, Guindi, M., Ma, D.W.L., Wong, D.K.H., Heathcote, E.J., Allard, J.P. 2008. HIV positive men with non-alcoholic fatty liver disease have altered hepatic fatty acid composition compared to HIV negative controls without fatty liver. The American Associations for Study of Liver Disease. Oct 31- November 4th, San Francisco, USA.



107. **Aghdassi, E.**, Su, J., Claudio, J., Morrison, S., Cymet, A., Neville, C., CaNIOS Investigators, Da Costa D, Fortin PR. 2009. The use of micronutrient supplements among patients with Systemic Lupus Erythematosus. American Society for Parenteral & Enteral Nutrition, February 1-4, New Orleans, USA.
108. **Aghdassi, E.**, Su, J., Claudio, J., Morrison, S., Cymet, A., Neville, C., CaNIOS Investigators, Da Costa, D., Fortin, P.R. 2009. The use of micronutrient supplements among patients with Systemic Lupus Erythematosus. The Canadian Rheumatology Association, February 18-21, Kananaskis, Canada.
109. **Aghdassi, E.**, Morrison, S., Landolt-Marticorena, C., Su, J. Pineau, C., Pope, J., Peschken C, Gladman, D., Urowitz, M., CaNIOS LuNNET Investigators, Wither, J., and Fortin, P.R. 2009. Quality of life in lupus patients with and without renal involvement. The Canadian Rheumatology Association, February 18-21, Kananaskis, Canada.
110. Kim, J., **Aghdassi, E.**, Gladman, D., Urowitz, M., Fortin, P., Wither, J. 2009. Evidence for altered activation of newly-emergent bone marrow-derived B cells in SLE. The Canadian Rheumatology Association, February 18-21, Kananaskis, Canada.
111. Morrison, S., **Aghdassi, E.**, Landolt-Marticorena, C., Su, J., Gladman, D., Urowitz, M., Pineau, C. Pope, J., Peschken, C., CaNIOS LuNNET Investigators, Wither, J. and Fortin, P.R. 2009. Perceived stress in female lupus patients with and without renal involvement. The Toronto Western Research Institute Research Day May, Toronto Western Hospital, Toronto, Canada.
112. **Aghdassi, E.**, Zhang, W., St-Pierre, Y., Clarke, A.E., Morrison, S., Su, J., Marticorena-Landolt, C., Reich, H., Scholey, J., Herzenberg, A., CaNIOS Investigators, Wither, J., Fortin, P.R. 2009. Health care resource utilization & loss of productivity in a Canadian population of patients with & without lupus nephritis. American College of Rheumatology, October 18-26, Philadelphia, USA. (Abstract ID 10508)
113. Zhang, W., **Aghdassi, E.**, Reich, H., Scholey, J., Su, J., Fortin, P.R. 2009. Baseline EGFR is predictive of cardiovascular diseases in patients with Systemic Lupus Erythematosus (SLE). American College of Rheumatology, October 18-26, Philadelphia, USA. (Abstract ID 10797).
114. Landolt-Marticorena, C., Morrison, S., Reich, H., **Aghdassi, E.**, Herzenberg, A., Scholey, J., Gladman, D., Urowitz, M., Fortin, P.R., Wither, J.E. Clinical utility of changes in cyto/chemokines as markers of disease activity in Systemic Lupus Erythematosus. American College of Rheumatology, October 18-26, Philadelphia, USA.
115. Chang, N.H., Kim, J., **Aghdassi, E.**, Urowitz, M.B., Gladman, D., Fortin, P.R., Wither, J. 2009. Increased proximal B cell receptor signaling in the naive B cell population of SLE patients, American College of Rheumatology, October 18-26, Philadelphia, USA. (Abstract ID 11449).
116. Landolt-Marticorena, C., Reich, H., Morrison, S., **Aghdassi, E.**, Pineau, C., Scholey, J., Gladman, D., Urowitz, M., Herzenberg, A., Fortin, P.R., Wither, J., CaNIOS Investigators. 2009. Urinary cyto / chemokines correlates with renal histopathology in systemic lupus erythematosus. American College of Rheumatology, October 18-26, Philadelphia, USA.

121. Reich, H.N., Landolt-Marticorena, C., Boutros, P.C., Nasr, S., Thomas, D., Wither, J., Yang, S., Su, J., **Aghdassi, E.**, Gladman, D.D., Urowitz, M.B., Fortin, P.R., Scholey, J.W., Herzenberg, A. 2009. Tissue markers of injury in kidney biopsies of patients with lupus nephritis. American Society of Nephrology, Accepted.
122. **Aghdassi, E.**, Ma, D.W.L., Morrison, S., Hillyer, L.M., Gladman, D.D., Urowitz, M.B., Fortin, P.R. 2009. Alteration in Circulating Fatty Acid Composition in Patients with Systemic Lupus Erythematosus (SLE). Clinical Nutrition Week Conference, Feb 8-12, Las Vegas, USA. **(Vars Award nominee)**.
123. Jeyalingam, T., **Aghdassi, E.**, Su, J., Clarke, A.E., Cooper, G.S., Rioux, J.D., Wither, J., CaNIOS GENES-Investigators, Fortin, P.R. 2009. Quality of life of patients with Systemic Lupus Erythematosus (SLE) and their family members. The Canadian Rheumatology Association, Feb 3-6, Quebec City, Canada.
124. Yip, J., **Aghdassi, E.**, Su, J., Lou, W., Reich, H., Bargman, J., Scholey, J., Gladman, D.D., Urowitz, M.B., Fortin, P.R. 2009. Serum albumin as a marker for disease activity in patients with Systemic Lupus Erythematosus (SLE). The Canadian Rheumatology Association, Feb 3-6, Quebec City, Canada.
125. Zhang, W., **Aghdassi, E.**, Reich, H.N., Scholey, J.W., Su, J., Lou, W., Fortin, P.R. 2009. Impaired renal function in patients with Systemic Lupus Erythematosus (SLE) predicts cardiovascular events. The Canadian Rheumatology Association, Feb 3-6, Quebec City, Canada.
126. Zhang, W., **Aghdassi, E.**, St-Pierre, Y., Clarke, A.E., Landolt-Marticorena, C., Morrison, S., Su, J., Reich, H., Scholey, J., Herzenberg, A., Pineau, C., Pope, J., Peschken, C., CaNIOS Investigators., Wither, J., Fortin, P.R. 2009. Health care cost in a Canadian population of patients with & without lupus nephritis. The Canadian Rheumatology Association, Feb 3-6, Quebec City, Canada.
127. Peeva, V., **Aghdassi, E.**, Morrison, S., Cymet, A., Su, J., Neville, C., Hewitt, S., CaNIOS HIPP Investigators, Pineau, C., Da Costa, D., Pope, J., Fortin, P.R. 2009. Cardiovascular disease risk profile in patients with Systemic Lupus Erythematosus (SLE) without past history of cardiovascular events. The Canadian Rheumatology Association, Feb 3-6, Quebec City, Canada.
128. Peeva, V., Su, J., **Aghdassi, E.**, Gladman, D.D., Urowitz, M.B., Landolt-Marticorena, C., Yeo, E., Fortin, P.R. 2009. Clinical characteristics and quality of life of patients with primary and secondary antiphospholipid syndrome. The Canadian Rheumatology Association, Feb 3-6, Quebec City, Canada.
129. **Aghdassi, E.**, Peeva, V., Morrison, S., Cymet, A., Su, J., Neville, C., Hewitt, S., CaNIOS HIPP Investigators, Clarke, AE, Pope, J., Da Costa, D., Fortin, P.R. 2009. Low bone mass in female patients with Systemic Lupus Erythematosus (SLE): A Canadian study. The Canadian Rheumatology Association, Feb 3-6, Quebec City, Canada.
130. Morrison, S., **Aghdassi, E.**, Peeva, V., Su, J., Landolt-Marticorena, J., Gladman, D.D., Urowitz, M.B., Pineau, C., Pope, J., Peschken, C., CaNIOS LuNNET Investigators, Wither, J., Fortin, P.R. 2009. Perceived stress in female patients with Systemic Lupus Erythematosus

(SLE). A Canadian study. The Canadian Rheumatology Association, Feb 3-6, Quebec City, Canada.

131. Noureldin, S.A., Arendt, B.M., Fernandes, G., Mohammed, S.S., **Aghdassi, E.**, Salit, I., Wong, D.K., Kaul, R., Guindi, M., Allard, J.P. 2009. Clinical characteristics of HIV-infected patients with NAFLD. Canadian Digestives Diseases Week, Toronto, Canada.

132. Barber, C., Herzenberg, A., **Aghdassi, E.**, Su, J., Lou, W., Yip, J., Nasr, S., Thomas D., Wither, J., Urowitz, M., Gladman, D., Fortin, P.R. 2010. Vascular lesions on renal biopsy of patients with lupus nephritis are associated with poor clinical outcomes. Ogryzlo day, Toronto Western Hospital, Toronto, Canada.

133. Barber, C., Herzenberg, A., **Aghdassi, E.**, Su, J., Lou, W., Yip, J., Nasr, S., Thomas D., Wither, J., Urowitz, M., Gladman, D., Fortin, P.R. 2010. Clinical correlates of renal vascular lesions (RVL) in lupus kidney disease. Lupus 2010, Vancouver, BC, Canada. (**Award recipient**)

134. Huang, D., **Aghdassi, E.**, Su, J., Fortin, P.R. 2010. The prevalence of liver abnormalities in patients with Systemic Lupus Erythematosus. American College of Rheumatology, November 7-11, Atlanta, USA.

135. Lee, J.J., Cheung, A.M., **Aghdassi, E.**, Morrison, S., Peeva, V., Neville, C., Hewitt, S., Da Costa, D., Pope, J., Fortin, P.R. 2010. Fracture risk assessment and prevalence of low bone mass in Canadian females living with Systemic Lupus Erythematosus (SLE). American College of Rheumatology, November 7-11, Atlanta, USA.

136. Peeva, V., **Aghdassi, E.**, Su, J., Jeyalingham, T., Clarke, A.E., Cooper, G.S., Fortin, P.R. 2010. Mothers of patients with Systemic Lupus Erythematosus report worse physical health. American College of Rheumatology, November 7-11, Atlanta, USA.

137. Florica, B., Su, J., **Aghdassi, E.**, Gladman, D.D., Urowitz, M.B., Fortin, P.R. 2010. Peripheral neuropathy in patients with Systemic Lupus Erythematosus. American College of Rheumatology, November 7-11, Atlanta, USA.

138. Peeva, V., Harvey, P., Su, J., **Aghdassi, E.**, Al-Dhanhani, A., Morrison, S., Pineau, C., Pope, J., Da Costa, D., Fortin, P.R. 2010. Prevalence of flow mediated dilatation and its association with Framingham risk score in a population of women with Systemic Lupus Erythematosus. American College of Rheumatology, November 7-11, Atlanta, USA.

139. Bonengel, J., Arendt, B.M., Mohammed, S., **Aghdassi, E.**, Salit, I.E., Ma, D.W.L., Wong, D.K.H., Guindi, M., Fernandes, G., Noureldin, S., Allard, J.P. 2010. Vitamin E improves liver function and histology in patients with HIV and non-alcoholic fatty liver disease – a pilot study. The Ontario HIV Treatment Conference, Nov 15-16. Toronto, Canada.

140. **Aghdassi, E.**, Morrison, S., Su, J., Neville, C., Hewitt, S., Pope, J., Da Costa, D., Fortin, P.R. 2011. Which coping strategies does women living with Systemic Lupus Erythematosus utilize ? Canadian Rheumatology Association, Feb 11-15, Cancun, Mexico.

141. Lee, J.J., Cheung, A.M., **Aghdassi, E.**, Morrison, S., Peeva, V., Neville, C., Hewitt, S., Da Costa, D., Pope, J., Fortin, P.R. 2011. Fracture risk assessment and hip structural analysis in

Canadian females living with Systemic Lupus Erythematosus (SLE). Canadian Rheumatology Association, Feb 11-15, Cancun, Mexico. (**Award recipient**)

142. Peeva, V., Harvey, P., Su, J., **Aghdassi, E.**, Al-Dhanhani, A., Morrison, S., Pineau, C., Pope, J., Da Costa, D., Fortin, P.R. 2011. Prevalence of flow mediated dilatation and its association with Framingham risk score in a population of women with Systemic Lupus Erythematosus. Canadian Rheumatology Association, Feb 11-15, Cancun, Mexico. (**Award Nominee**)

143. Florica, B., Su, J., **Aghdassi, E.**, Gladman, D.D., Urowitz, M.B., Fortin, P.R. 2011. Comparison of patients with Systemic Lupus Erythematosus with and without peripheral nervous system involvement. Canadian Rheumatology Association, Feb 11-15, Cancun, Mexico. (**Award recipient**)

144. Barber, C., Herzenberg, A., **Aghdassi, E.**, Su, J., Lou, W., Qian, G., Yip, J., Nasr, S., Thomas, D., Wither, J., Urowitz, M.B., Gladman, D.D., Reich, H., Fortin, P.R. 2011. Clinical significance of renal vascular lesions (RVL) on renal biopsy in lupus nephritis. Canadian Rheumatology Association, Feb 11-15, Cancun, Mexico.

145. Wang, Z., Da Costa, D., **Aghdassi, E.**, Neville, C., Su, J., Pineau, C., Pope, J., Fortin, P.R. 2011. Patterns and determinants of leisure-time physical activity in women with systemic lupus erythematosus. Canadian Rheumatology Association, Feb 11-15, Cancun, Mexico. (**Award Nominee**)

146. Da Costa, D., Lehman, A., Ireland, K., **Aghdassi, E.**, Neville, C., Su, J., Pineau, C., Pope, J., Fortin, P.R. 2011. Determinants of psychological distress in women living with systemic lupus erythematosus. 8<sup>th</sup> European Lupus Meeting, April 6-9, Porto, Portugal.

147. Da Costa, D., Lehman, A.J., Ireland, K., **Aghdassi, E.**, Neville, C., Su, J., Pineau, C., Pope, J., Fortin, P.R. 2011. What is the contribution of lifestyle and psychosocial factors to understanding fatigue in women with systemic lupus erythematosus? 8<sup>th</sup> European Lupus Meeting, April 6-9, Porto, Portugal.

148. Fortin, P.R., **Aghdassi, E.**, Cymet, A., Morrison, S., Su, J., Wynant, W., Pope, J.E., Hewitt, S., Pineau, C.A., Neville, C., Harvey, P., Tardif, J., Abrahamowicz, M., Da Costa, D. 2011. A randomized clinical trial of a comprehensive behavioral intervention in Systemic Lupus Erythematosus demonstrates improvement in mental health but not in physical health, cardiovascular risks or endothelial function at one year. The American College of Rheumatology Annual Scientific Meeting, Nov 3-8, Chicago, USA.

149. Barber, C., Urowitz, M.B., Gladman, D.D., Wither, J.E., Landolt-Marticorena, C., Reich, H., Lou, W., Su, J., Yip, J., Qian, G., Thomas, D., Nasr, S., John, R., **Aghdassi, E.**, Fortin, P.R. Clinical-pathological correlates of proliferative lesions in lupus nephritis. The American College of Rheumatology Annual Scientific Meeting, Nov 3-8, Chicago, USA.

150. Ghanim, N.A., Su, J., **Aghdassi, E.**, Lou, W., Fortin, P.R. 2011. The influence of age of onset of systemic lupus erythematosus and disease duration on lupus manifestations. The American College of Rheumatology Annual Scientific Meeting, Nov 3-8, Chicago, USA.

151. **Aghdassi, E.**, Yeganeh, L., Balitsky, A.K., Morrison, S., Frattasi, M., Su, J., Ma, D.W., Fortin, P.R. 2011. Is dietary intake of patients with Systemic Lupus Erythematosus adequate? The American College of Rheumatology Annual Scientific Meeting, Nov 3-8, Chicago, USA.

152. **Aghdassi, E.**, Ma, D.W.L., Eder, L., Balitsky, A.K., Morrison, S., Frattasi, F., Su, J., Ezatollahpour, S., Gladman, D.D. Fortin, P.R. 2011. Insulin resistance and its association with phospholipid profile, carotid intimal- medial thickness and carotid plaque area in women with systemic lupus erythematosus. The American College of Rheumatology Annual Scientific Meeting, Nov 3-8, Chicago, USA.
153. Balitsky, A.K., **Aghdassi, E.**, Ma, D.W.L., Morrison, S., Su, J., Fortin, P.R. 2011. The role of fatty acid composition in antiphospholipid syndrome and systemic lupus erythematosus. The American College of Rheumatology Annual Scientific Meeting, Nov 3-8, Chicago, USA.
154. Timothy, L., Morrison, S., Lou, W., Reich, H., **Aghdassi, E.**, Gladman, D.D., Urowitz, M.B., Scholey, J., Fortin, P.R., Wither, J.E., Landolt-Marticorena, C. 2011 Anti-nucleosome antibodies correlate with temporal fluctuations in disease activity in systemic lupus erythematosus. The American College of Rheumatology Annual Scientific Meeting, Nov 3-8, Chicago, USA.
155. Connelly, P.W., Yang, H., Maguire, G.F., Morrison, S., **Aghdassi, E.**, Fortin, P.R. 2011. Measure of pro-inflammatory high density lipoprotein by fluorescence assay is primarily a measure of plasma hemoglobin. Canadian Lipoprotein Conference, Nov 3-6, Halifax, Canada.
156. **Aghdassi, E.**, Ma, D.W.L., Eder, L., Morrison, S., Balitsky, A., Fratassi, M., Su, J., Harvey, P., Gladman, D.D., Fortin, P.R. 2012. In women with systemic lupus erythematosus, red blood cell's phosphatidyl-choline to phosphatidyl-ethanolamine ratio may predict the presence of plaques in the carotid arteries. The Clinical Nutrition Week Scientific Meeting, Jan 20-24, Orlando, Florida.
157. Fortin, P.R., **Aghdassi, E.**, Ma, D.W.L., Eder, L., Morrison, S., Fratassi, M., Su, J., Gladman, D.D., Lonn, E., Harvey, P. 2012. Red blood cell but not plasma phospholipids profile may be associated with the presence of carotid plaques in women with Systemic Lupus Erythematosus. Annual European Congress of Rheumatology, June 6-9, Berlin, Germany.
158. Fortin, P.R., **Aghdassi, E.**, Cymet, A., Morrison, S., Su, J., Wynany, W., Pope, J., Hewitt, S., Pineau, C., Neville, C., Hervey, P., Tardif, J.C., Abrahamowicz, D., DaCosta, D. 2012. A comprehensive behavioral intervention in systemic lupus erythematosus demonstrates improvement in endothelial function, mental health but not in physical health or cardiovascular risks at one year. Annual European Congress of Rheumatology, June 6-9, Berlin, Germany.
159. Fortin, P.R., **Aghdassi, E.**, Cymet, A., Morrison, S., Wynant, W., Pope, J.E., Hewitt, S., Pineau, C.A., Neville, C., Harvey, P., Tardif, J.C., Abrahamowicz, M., D. DaCosta, D. 2012. The Health Improvement and Prevention Program in Systemic Lupus Erythematosus Demonstrates Improvement in Mental Health and Framingham Risk Score At One Year. The American College of Rheumatology, Nov 10-14, Washington DC, USA.
160. **Aghdassi, E.**, Ma, D., Morrison, S., Hilyer, L., Fortin, P.R. 2013. The Role of Phospholipids Profile in Disease Activity and Cardiovascular Disease Surrogate Markers in Systemic Lupus Erythematosus. The Canadian Rheumatology Association, Feb 10-14, Ottawa, Canada
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